

(Rev. 1-2011)

**CURRICULUM VITAE**

**Vivien K. Burt, M.D., Ph.D.**  
**David Geffen School of Medicine**  
**at UCLA**  
**and**  
**Semel Institute for Neuroscience and Human Behavior**  
**300 UCLA Medical Plaza**  
**Los Angeles, California 90095-6968**

**EDUCATION AND PROFESSIONAL TRAINING:**

- 1964**            **B.A. New York University, New York, New York**
- 1966**            **M.S., Physiology and Biochemistry, Rutgers University,**  
**New Brunswick, New Jersey**
- 1969**            **Ph.D., Physiology, Rutgers University, New Brunswick, New Jersey**
- 1969-70**        **Post-Doctoral Fellowship, Division of Haematology, Royal Victoria**  
**Hospital, McGill University**
- 1984**            **M.D. McGill University, Montreal, Quebec**
- 1984-85**        **Internship, UCLA Center for the Health Sciences/Wadsworth VA Hospital,**  
**Los Angeles, California**
- 1985-87**        **Psychiatry Residency, UCLA Neuropsychiatric Institute & Hospital and**  
**Brentwood VA Hospital, Los Angeles, California**
- 1987-88**        **Psychiatry Program Chief Resident, UCLA Neuropsychiatric Institute &**  
**Hospital and Brentwood VA Hospital, Los Angeles, California**

**CERTIFICATION:**

- 1985:**            **California - G55895**
- 1990:**            **American Board of Psychiatry and Neurology**

**PRESENT POSITIONS:**

- 2001 -**            **Professor of Psychiatry**  
**Department of Psychiatry and Biobehavioral Sciences**  
**Geffen School of Medicine at UCLA**

**PAST POSITIONS:**

- 1995 - 2000            Associate Professor of Clinical Psychiatry  
Department of Psychiatry and Biobehavioral Sciences  
UCLA Neuropsychiatric Institute & Hospital
- 1988 - 1995            Assistant Clinical Professor  
Department of Psychiatry and Biobehavioral Sciences  
UCLA Neuropsychiatric Institute & Hospital
- 1993 - present        Founder and Director, Women's life Center of the  
UCLA Neuropsychiatric Institute & Hospital
- 1993 - 2000            Director, Women's Program, Mental Health Clinic  
West Los Angeles VA Medical Center, Brentwood Division

**PREVIOUS ACADEMIC APPOINTMENT:**

- 1970 - 80              Professor, Department of Biology, Dawson College,  
Montreal, Quebec
- 1979 -80                Chairman, Department of Biology, Dawson, College  
Montreal, Quebec

**PREVIOUS POSITIONS:**

- 1988-92                Director, Adult Outpatient Services,  
UCLA Neuropsychiatric Institute & Hospital
- 1990-91                Director, Admissions and Evaluation Services  
UCLA Neuropsychiatric Institute & Hospital
- 1992-95                Associate Director of Residency Education  
UCLA Neuropsychiatric Institute & Department of Psychiatry  
West Los Angeles VA Medical Center

**HONORS & AWARDS:**

- 1988                    Laughlin Fellowship, American College of Psychiatrists
- 1990-91                Distinguished Service Award  
UCLA Neuropsychiatric Institute & Hospital

**HONORS & AWARDS: (Continued)**

1995	Outstanding House Staff Teaching Award UCLA Neuropsychiatric Institute, Department of Psychiatry & Biobehavioral Sciences
1997	President's Award, Southern California Psychiatric Society
2002	National Leadership Award of the National Republican Congressional Committee
2002	Honorary Chairwoman (California), National Republican Congressional Committee Physicians' Advisory Board
2008	Boivin Professorship in Reproductive Mental Health, Hospital for Sick Children, Toronto, Canada
2009-10	The Best Doctor's In America
2010-11	The Best Doctor's in America
2010	Outstanding Achievement Award, Southern California Psychiatric Society

**CONSULTANT SERVICES:**

1990-93	Consultant: Endorectal Pull-Through Service, 7 West, UCLA Center for the Health Sciences
1991-94	Member/consultant: UCLA Center for Sexual and Reproductive Medicine

**ORGANIZATIONS:**

American Psychiatric Association  
Southern California Psychiatric Association  
American Medical Women's Association  
Association of Women Psychiatrists  
Postpartum Support International

**EDITORIAL BOARD:**

Fit Pregnancy

**REVIEWER FOR JOURNALS:**

Archives of General Psychiatry  
Journal of Clinical Psychiatry  
Journal of American Medical Association  
Journal of Affective Disorders  
American Journal of Psychiatry  
Fertility and Sterility  
Obstetrics and Gynecology  
Harvard Review of Psychiatry

**PROFESSIONAL ACTIVITIES:**

1998-2000:	Committee on CME Policy Development and Planning, American Psychiatric Association
1985-88	Academic Liaison Committee, Southern California Psychiatric Society
1987-89	California Psychiatric Association, Representative, Political Action Committee, Southern California Region
1987-89	Government Affairs Committee, Southern California Psychiatric Society
1990- present	Examiner, American Board of Psychiatry and Neurology
1992-95	Women's Steering Committee, Southern California Psychiatric Society

**ADVISORY BOARDS:**

2000-2001	1 <sup>st</sup> World Congress on Women's Mental Health
1995 - 2002	UCLA Women's Health Initiative Professional Advisory Committee
1995 - 2002	Advisory Board for Women's Health Grand Rounds

**COMMITTEES:****DEPARTMENT/NEUROPSYCHIATRIC INSTITUTE AND HOSPITAL:**

1988-95	Residency Education Committee
1988-95	Residency Curriculum Committee
1988-95	Residency Selection Committee
1988-95	Ad Hoc Committee on Academic Review Procedures
1988-92	Adult Professional Staff Committee - NPI
1988-92	Adult Professional Executive Committee - NPI
1988-92	Self Testing and Accreditation Committee - NPI
1990 -95	Residency Education Committee - West LA
1992-93	Clinical Work Group Strategic Planning Project - NPI
1992 -96	Medical Records Committee - NPI

1992 -96                    Voluntary Clinical Faculty Academic Appointments & Advancements  
Committee - NPI

**SCHOOL OF MEDICINE:**

1992                        Blue Sky Committee on Medical Education at UCLA  
1992-95                    UCLA Residency Review Committee

**WEST LA VA MEDICAL CENTER:**

1992-95                    Houstaff Review Committee

1993-94                    Chair, Mental Health Clinic Review Task Force, Brentwood Division

1993-95                    Member, West Los Angeles VA Medical Center, Education Training  
Development Committee

1995                        Chair, Task Force on Primary Care for Psychiatric Patients

**PROFESSIONAL ACTIVITIES IN THE COMMUNITY:**

1/99-2006:                Advisory Board, Postpartum Support International

2002- present,            Editorial Board, Fit Pregnancy Magazine

2004-2005                President, American Foundation for Suicide Prevention, LA Chapter

**PROFESSIONAL EXTRAMURAL ACADEMIC ACTIVITIES :**

2001: Expert Consensus Guideline Panel Member, Treatment of Depression in Women  
2001; Postgraduate Medicine Special Report, McGraw Hill.

1988-2004: Examiner, American Board of Psychiatry and Neurology, in Psychiatry

2002-2003: Member, of Writers Group of Part One of American Board of Psychiatry  
and Neurology certification examination.

2004-2005: President, Los Angeles Division of the American Foundation for Suicide  
Prevention.

2005-2006: Member, Faculty of 1000 Medicine, Psychiatry Section.

## BIBLIOGRAPHY

### ARTICLES:

1. Burt VK, and Green J: Studies of a Calcium-Sensitive ATPase in Chick Heart Ventricle Cells. *Exp. Cell Res.* 65:170-176, 1971.
2. Blostein R and Burt VK: Interaction of N-ethylmaleimide and Ca with Human Erythrocyte Membrane ATPase. *14<sup>th</sup> Annual Meeting Canadian Fed. Biol. Sci.* p. 131. 1971.
3. Blostein R and Burt VK: Interaction of N-ethylmaleimide and Ca with Human Erythrocyte membrane ATPase. *Biochim. Biophys. Acta.*, 241:68-74, 1971.
4. Burt VK: Positive Cohesion. *SCPS Newsletter*, 36(6):8, 1988.
5. Burt VK, Yager J, Lundgren J: Older Psychiatric Residents: A Pilot Study of Stresses, Strengths, and Coping Mechanisms. *Academic Psychiatry*, 14(1): 146-149.
6. Burt VK, Summit P and Yager J: Outpatient Management Teams: Integrating Educational and Educational Tasks. *Academic Psychiatry*, 16(1): 24-28, 1992.
7. Yager J and Burt VK: Frequently Asked Questions by Psychiatry Residency Training Directors. *Academic Psychiatry*, 17(4):209-212, 1993.
8. Yager J and Burt VK: A Survival Guide for Aspiring Academic Psychiatrists. Personality and Opportunity in Academic Success. *Academic Psychiatry*, 18(4):197-210, 1994.
9. Burt VK, Yager J, and Lundgren J: Providing Residents with a Comprehensive Educational Program in Outpatient Psychiatry: Integrating an Outpatient Curriculum into Outpatient Management Teams. *Academic Psychiatry*, 19(1): 22-33, 1995.
10. Altshuler L, Burt VK, McMullen M, and Hendrick V: Breast Feeding and Sertraline: A Twenty-four Hour Analysis. *J Clin Psychiatry*: 56:243-245, 1995.
11. Hendrick V, Altshuler LL, Burt VK: Course of Psychiatric Disorders across the Menstrual Cycle. *Harvard Rev Psychiatry*, 4:200-207, 1996.
12. Altshuler L, Cohen L, Szuba M, Burt VK, Gitlin M, Mintz J: Pregnancy in Psychiatric Illness: Dilemmas in Pharmacologic Management. *Am J Psychiatry*, 153:592-606, 1996.
13. Suri R, and Burt VK: The Assessment and Treatment of Postpartum Psychiatric Disorders. *J Pract Psychiatry and Behavioral Health*. 3:67-77, 1997.

14. Suri RA, Altshuler LL, Burt VK, Hendrick VC: Psychiatric Medications and Breast Feeding: A Review. *Medscape* 1998; 3(1):1-15.
15. Rudolph ML, Burt VK. The Role of Estrogen in Female Depression. *Medicine and Behavior*. 1:22-27, 1998.
16. Burt VK, Altshuler LL, Rasgon N: Depressive Symptoms in the Perimenopause: Prevalence, Assessment and Guidelines for Treatment. *Harvard Rev Psychiatr*, 6:121-132, 1998.
17. Burt VK: Postpartum depression: What it is and what to do about it. *J Ca Alliance for the Mentally Ill*. 9:14-15, 1998.
18. Sichel DA, Burt VK, Ciotti MC, Ling F, Stowe Z: Treating depression in the OB-Gyn setting. *The Female Patient* *The Female Patient*. 24:69-82, 1999
19. Kelly R, Beate D, Zatrack D, Haam M, Anders T, Gilbert WM, Burt V: Prevalence of chart recorded psychiatric diagnoses in women giving birth in California in 1992. *Am J Psychiatry*. 156:955-957, 1999.
20. Rasgon NL, Alshuler LL, Gudeman D, Burt VK, Tanavoli S, Hendrick V, Korenman S: Medication status and PCO syndrome in women with bipolar disorder: A preliminary report. *J Clinical Psychiatry*; 2000;61:173-178.
21. Burt VK, Rudolph M: Treating an orthodox Jewish woman with obsessive-compulsive disorder: Maintaining reproductive and psychologic stability in the context of normative religious rituals. *Am J Psychiatry* 2000;157:620-624.
22. Barrio LM, Burt VK: Depression in pregnancy: strategies for primary care management. *Women's Health in Primary Care* 2000;3:490-498
23. Suri R, Burt VK, Altshuler L et al: Fluvoxamine for postpartum depression. *Am j Psychiatr*. 2001;158:1001-9
24. Burt VK, Suri R, Altshuler L, Stowe Z, Hendrick VC, Muntean E: The use of psychotropic medications during breast-feeding. *Am J Psychiatry* 2001;158:1001-1009
25. Burt VK, Stein K: Epidemiology of depression throughout the female life cycle. *J Clin Psychiatry* 2002;65[suppl 7]:9-15.
26. Burt VK, Rasgon N: Special considerations in treating bipolar disorder in women. *Bipolar Disorder* 2004; 6:2-13.
27. Zisook S and Burt VK: Psychiatric disorders during pregnancy. *Psych Times* 2003;XX:17-18.

28. Rudolph ML and Burt, VK: Suicide in elderly women: Addressing this growing concern. *Women's Health in Primary care*. 2003;6:281-9.
29. Burt VK: Plotting the course to remission: the search for better outcomes in the treatment of depression. *J Clin Psychiatr*. 2004;65[suppl 12], 20-35.
30. Burt VK, Wohleisch MM, Mallinckrodt CH, Detke MJ, Watkin JG, Stewart DE: Duloxetine for the treatment of major depressive disorder in women ages 40 to 55 years. *Psychosomatics* 2005;46:345-354
31. Cohen LS, Altshuler LL, Harlow BL, Nonacs R, Newport DJ, Viguera AC, Suri R, Burt VK, Hendrick V, Reminick AM, Loughhead A, Vitonis AF, Stowe ZN: Relapse of major depression during pregnancy in women who maintain or discontinue antidepressant treatment. *JAMA* 2006;295:499-507.
32. Burt VK: Mood Disorders in women of childbearing age-Focus on the postpartum. *Women's Health in Psychiatry*. 2006;2(1):6-13.
33. Einarson A, Burt VK, Patroi D, Young Bev: Ruminative worrying During Pregnancy: A Case Series. *J Obstet Gynaecol Can*. 2006;28(8):724-727.
34. Burt VK: Discontinuing Antidepressants During Pregnancy Increases Risk of Depression Relapse. *Women's Health in Primary Care*. March 2006. 35-37
35. Suri R, Altshuler L, Helleman G, Burt VK, Aquino A, Mintz JL Effects of antenatal depression and antidepressant treatment on gestational age at birth and risk of preterm birth. *Am J Psychiatry*. 2007;164:1206-13.
36. Burt VK: Major Depression in Pregnancy: Implications of Illness and Treatment Considerations. *Women's Health in Psychiatry* 2008;2(5):7-14.
37. Burt, VK, Quezada V: Mood disorders in women: focus on reproductive psychiatry in the 21<sup>st</sup> century. *Canadian J. Clinical Pharmacology*. 2009 16:e6-e14, Epub 2009 Jan 22
38. Sharma, V, Burt VK, Ritchie, HL: Bipolar II postpartum depression: detection, diagnosis, and treatment. *Am J Psychiatry* 2009;166:1217-1221
39. Burt VK, Bernstein C, Rosenstein W, Altshuler L. Bipolar disorder and pregnancy: maintaining psychiatric stability in the real world of obstetric and psychiatric complications. *Am J Psychiatry* 2010;167:892-7
40. Sharma, V, Burt VK, Ritchie HL: Assessment and treatment of bipolar II postpartum depression: A review. *J Aff Disord* 2010;125:18-26



## LETTERS

Hendrick V, Burt VK, Altshuler LL: Psychotropic guidelines for breast-feeding mothers. *Am J Psychiatry*. 153:1236-7, 1996.

Suri R, Burt VK, Altshuler LL: Fluvoxamine for the treatment of postpartum depression. *Am J Psychiatry* 158:1739-40, 2001.

Burt V., Miller L, Einarson E: SSRIs and Birth Defects. *Epidemiology*. 18:410-11, 2007.

## POSTER PRESENTATION

Burt VK, Stewart DE, Mallinckrodt CG, Watking JG, Detke MJ, Raskin J, Wohlreich M: Duloxetine treatment of major depressive disorder in women ages 40 to 55 years. The North Am. Soc. Psychosoc Obstet and Gynecol. Presented at Lithue, Hawaii, February 19-22, 2003.

## PODCAST PRESENTATION:

November, 2010: Florida Psychiatric Association : Moods and Menopause.  
[www.katenagroup.org/expertsspeak/VIVIAN\\_BURT\\_MD\\_MOODS\\_AND\\_MENOPAUSE\\_NOV2010.mp3](http://www.katenagroup.org/expertsspeak/VIVIAN_BURT_MD_MOODS_AND_MENOPAUSE_NOV2010.mp3)

## BOOK CHAPTERS

1. Burt VK: "Impulse Control Disorders," in *Comprehensive Textbook of Psychiatry*, volume VI, edited by HI Kaplan, B Sadock, Williams and Wilkins, Baltimore, 1995.
2. Altshuler LL, Hendrick V, Burt VK: "Mood Disorders" in *Textbook of Women's Health*, edited by LA Wallis, Little Brown and Company, Boston, 1998.
3. Altshuler LL, Hendrick V, Cohen L, Burt VK: "Use of Psychotropic Medications in the Pregnant Patient", in *Current Psychiatric Therapy*, second edition, edited by D Dunner, WB Saunders Co., Philadelphia, 1998.
4. Yager J, Morrison N, Burt VK: "The Development of Academic Psychiatrists" in *Handbook of Psychiatric Education and Faculty*, edited by J Kay, Silberman, Pessar, American Psychiatric Press, Inc., Washington DC, 1999.

5. Burt VB, Katzman J: "Impulse Control Disorders," in *Comprehensive Textbook of Psychiatry*. Volume VII edited by HI Kaplan, B Sadock. Williams and Wilkins, Baltimore, 1999.
6. Burt VK, Hendrick V: "Women's Mental Health" in *American Psychiatric Press Textbook of Psychiatry*", third edition, edited by RE Hales, SC Yudofsky, and JA Talbott, APA Press, Washington DC, 1999.
7. Burt VK: "Women and Depression: Special consideration in Assessment and Management" in *Psychiatric Illness in Women: Emerging Treatments and Research*, edited by F Lewis-Hall, TS Williams, JA Panetta, and JM Herrera, American Psychiatric Press, Washington DC, 2002
8. Kalsi A, Burt VK: "Depression in Pregnancy and the Postpartum", in *Women's Health. Principles and Clinical Practice.*, edited by JP Pregler and AH De Cherney, BC Decker Inc, Hamilton, 2002.
9. Burt VK, Hendrick V: "Women's Mental Health" in *American Psychiatric Press Textbook of Psychiatry*", fourth edition, edited by RE Hales, SC Yudofsky, and JA Talbott, APA Press, Washington DC, 2003
10. Burt VK: "Women's Mental Health", *American Psychiatric Press Textbook of Psychiatry*", fifth edition, edited RE Hales, SC Yudofsky, and JA Talbott, APA Press, Washington DC, 2008

## BOOKS

Burt VK, Hendrick V: Concise Guide to Women's Mental Health, American Psychiatric Press, Inc., 1997.

Burt VK, Hendrick V: Concise Guide to Women's Mental Health, second edition, American Psychiatric Press, Inc., May 2001

Burt VK, Hendrick V: Clinical Manual of Women's Mental Health, American Psychiatric Press, Inc., May 2005

## WEB-BASED ARTICLES

Burt, VK: Clinical Consult in Depression: Questions and Answers, March 2004 CME, Inc

**CURRENT TEACHING ACTIVITIES:**

1. PGY-3 Core Curriculum
2. Women's Life Cycle Core Seminar Series
3. PGY-2 Orientation Seminar Series
4. Practical Outpatient Psychopharmacology
5. Medical Student Clerkship Seminar Series
6. UCLA Undergraduate Course: Topics in Women and Medicine
7. UCLA Graduate Course in Public Health: Foundations of Reproductive Health

**OTHER EDUCATIONAL ACTIVITIES:**

**Coordinator and Faculty Member: Online CME Webcasting Program. "Women and Depression: Special Considerations in Diagnosis and Treatment. Sponsored by UCLA Neuropsychiatric Institute and Hospital, 2000-2001**

**Coordinator and Faculty Member: Online CME Webcasting Program. eCase Conferences. May-June 2002.**

**Faculty member: Online CME Webcasting Program. Maximizing Patient Satisfaction During the Long-Term Treatment of Depression. June, 2002**

**Faculty Member: CME Audio conference series: Depression and the Reproduction Cycle, 1998-99**

**Faculty Member: Online CME CD-ROM Slide Curriculum: Depression in Women. 1998-99.**

**Faculty Member: Round Table Discussion: Treating Depression in the OB-GYN Setting. ACOG Annual Meeting, May, 1997, New Orleans, LA**

**Creator and Presenter: CME CD-ROM for Psychiatric Times. "Addressing the Physical and Emotional Aspects of Depression: Making Remission the Goal", August 2003.**

**Creator and Presenter: CME CD-ROM for The Annenberg Center for Health Sciences.: "Exploring the Hidden Diagnosis : Depression in Women- Gender-Specific Considerations.", September 2003.**